

# Breakfast Menu

MALINDI  
beach bar

To give your day  
the best start...  
enjoy a healthy,  
leisurely breakfast!



Mushroom Tartufo

## Eggs Benedict

### Eggs Florentine

Spinach and poached eggs glazed with hollandaise sauce, served on freshly baked focaccia bread bun

€7.40

### Prosciutto Cotto

Italian cotto ham and poached eggs glazed with hollandaise sauce, served on freshly baked focaccia bread bun

€6.40

### Green Goodness

Avocado, tomato, baby rocket leaves, poached eggs, Aji Amarillo chili sauce, served on freshly baked focaccia bread bun

€6.40

### Mushroom Tartufo

Pan-fried wild mushrooms, egg whites scrambled with truffle oil, served on freshly baked focaccia bread bun

€8.40

### Smoked Salmon

Smoked salmon and poached eggs glazed with hollandaise sauce, served on freshly baked focaccia bread bun

€8.60

### Scrambled Eggs with Salmon

Scrambled eggs with smoked salmon and chives cream cheese, served on freshly baked focaccia bun

€8.60

Green Goodness





English Breakfast

### English Breakfast

Two fried free range eggs, streaky bacon, sausage, grilled mushrooms, baked beans and cherry tomatoes

€7.60

### Cyprus Breakfast

Two fried free range eggs, streaky bacon, Cypriot sausage, grilled halloumi, grilled mushrooms and cherry tomatoes

€9.50

### Egg Whites Omelette

With spinach and semi dried tomatoes

€7.40

### Prosciutto Omelette

With prosciutto, mushrooms, semi dried tomatoes and brezain de savoie cheese

€7.80

Egg Whites Omelette



Porridge

## Porridge

### Porridge

Oat porridge with low fat milk, served with dry raisins, blanched almonds, fresh berries, green apple, honey and cinnamon

€7.20

## Healthy Smoothies

### Hemp superfood

Banana, kiwi, avocado, green apple, hemp

€6.50

### Green Spirulina Powerhouse

Pineapple, mango, green apple, ginger, spinach, cucumber, spirulina, goji berries

€6.80

Detox  
with one of  
our special  
smoothies!





Exotic Fruit Salad



Matcha Supercharge

## Yogurt Temptations

### Yogurt with Apples

Low fat yogurt, green apple, honey, cinnamon, walnuts

€5.80

### Yogurt with Sour Cherries

Low fat yogurt with marinated sour cherries and syrup

€5.80

### Exotic Fruit Salad

With low fat yogurt, honey and granola

€6.70

### Yogurt with Strawberries

Low fat yogurt, marinated strawberries, fresh mint, honey

€6.80

### Matcha Supercharge

Low fat yogurt with matcha green tea powder, served with chia seeds, granola, honey, mango and berries

€9.80

Yogurt with Strawberries



Yogurt with Sour Cherries

Low fat  
and delicious





## Danish Pastries

- Croissant €2.80
- Cinnamon Danish €2.80
- Whole grain croissant €2.80



Croissant with Salmon

## Pancakes

**Ricotta Pancakes** €6.80  
 With dried cranberries, low fat yogurt with fresh fruit

**American Style Pancakes** €7.40  
 With fresh berries and maple syrup

## Sandwiches

**Croissant with Ham and Cheese** €5.80  
 Whole grain croissant with prosciutto cotto (boiled ham), emmental cheese, lettuce, tomato

**Croissant with Salmon** €7.80  
 Whole grain croissant with smoked salmon, dill cream cheese, lettuce, tomato, gherkins, red radish

**Crunchy Vegetable Wrap** €8.20  
 Spinach leaves, Iceberg, avocado, quinoa, tomatoes, cucumber and goat cheese, served in wholemeal tortilla

**Wasabi Smoked Salmon Crostini** €7.80  
 Avocado edamame hummus, served on whole grain ciabatta toast with wasabi smoked salmon and goat cheese

Say good morning to your body. Eat Breakfast!



Ricotta Pancakes

Eat healthy  
think better



Crunchy Vegetable Wrap



## Cold Coffees and Beverages

Freddo Espresso	€4.40	<b>Coffee Shake</b>	
Freddo Cappuccino	€4.70	Cookies & Cream	€4.50
Frappé	€3.90	Sticky Toffee Caramel	€4.50
Iced Latte	€4.80	Mocha	€4.50
Iced Americano	€4.30		
Iced Mocha	€4.80		

## Hot Coffees and Beverages

Espresso Single	€3.30	Filter Coffee	€3.40
Espresso Double	€4.30	Latte	€4.30
Espresso Macchiato Single	€3.60	Americano	€3.40
Espresso Macchiato Double	€4.60	Nescafé	€3.50
Cyprus Coffee Single	€2.80	Mocha	€4.40
Cyprus Coffee Double	€3.50	Irish Coffee	€6.00
Cappuccino Single	€4.20		
Cappuccino Double	€5.20		



<b>Tea</b>	
Green	€3.25
Jasmine	€3.25
Chamomile	€3.25
Mint	€3.25
Wild berries	€3.25

<b>Loose Tea</b>	
Flying Dragon	€4.00
Fresh Mint	€3.40

<b>Hot Chocolate</b>	
Dark	€4.00
White	€4.20



### Milkshake

Vanilla	€5.30
Banana	€5.30
Chocolate	€5.30
Strawberry	€5.30

### Fresh Juice

Orange	€5.00
Apple	€5.00
Carrot	€5.00
Pomegranate	€6.00

Everything  
gets better  
with coffee!





**UPTOWN**  
 **SQUARE**  
GROUP OF RESTAURANTS